



SACRED HEART CATHOLIC PRIMARY SCHOOL

Physical Education - Subject Long-term planner 2023-2024



Red units= taught by sports coach

	Objective/Theme(s) Overview						
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Intro to PE unit 1	Fundamentals	Team building	Ball skills	Swimming	Tennis	Netball
		Team building	Fundamentals	Fundamentals	Netball	Basketball	Tennis
Autumn 2	Fundamentals unit 1	Ball skills	Dance	Basketball	Swimming	American football NFL	Dance
		Dance	Ball skills	Dance	Dance	Dance	American football NFL
Spring 1	Into to PE unit 2	Target games	Gymnastics	Hockey	Gymnastics	Hockey	Gymnastics
	Fundamentals unit 2	Gymnastics	Target games	Gymnastics	Football	Gymnastics	Football
Spring 2	Ball skills unit 1	Sending and receiving	Fitness	Handball	OAA	OAA	Dodgeball
	Dance unit 1	Fitness	Sending and receiving	OAA	Dodgeball	Handball	OAA
Summer 1	Games unit 1	Net and wall games	Invasion games	Fitness	Tennis	Badminton	Fitness
	Gymnastics unit 1	Invasion games	Net and wall games	Tennis	Fitness	fitness	Volleyball
						Swimming catch up sessions	Swimming catch up sessions
Summer 2	Ball skills unit 2	Striking and fielding	Athletics	Rounders	Athletics	Athletics	Cricket
	Games unit 2	Athletics	Striking and fielding	Athletics	Cricket	Rounders	Athletics
						Swimming catch up sessions	Swimming catch up sessions