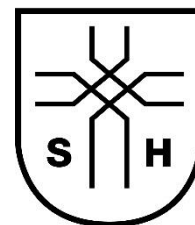


# Sacred Heart Catholic Primary School



## Should my child go to school today?

In the case of absence due to illness you should inform the school by telephone each day leaving a message on the Absence Line. **01733 262449 option 1**

Medical and dental appointments, where possible should be made out of school time.

In the event that your child has an appointment please inform the school in advance providing proof of the appointment. Children should attend school prior to and following the appointment.

## Can my child attend with?

### Headache, earache and stomach ache

Children can go to school with headache, earache or stomach ache. Please inform school that they have felt unwell and school will monitor them. Parent/Carer should administer paracetamol and plenty of fluids to drink.

*If symptoms persist please seek medical advice.*

### High Temperature

Parent/Carer should administer paracetamol and plenty of fluids to drink. If the temperature eases and your child feels better, bring them into school.

*If the child's temperature persists for more than 2 days please seek medical advice.*

### Coughs and colds

Children can go to school with coughs and colds. Parent/Carer should give paracetamol and plenty of fluids.

### Sickness and Diarrhoea

Children should return to school 48hrs after the last episode of sickness or diarrhoea.

*If symptoms persist please seek medical advice.*

### Sore Throat/Tonsillitis/Glandular Fever

Children can go to school with a sore throat, tonsillitis or glandular fever. Parent/Carer should give paracetamol and plenty of fluids.

*If symptoms persist please seek medical advice.*

### Conjunctivitis

Please seek medical advice. Treatment is necessary to prevent further spreading. Children can return to school during treatment.

### Impetigo

Please seek medical advice. Children can return to school once lesions are crusted and healed, this is usually around 48hrs after starting a course of antibiotics.

### Whooping Cough

Please seek medical advice. Children can return to school around 48hrs after starting a course of antibiotics or from onset of illness.

### Scarlet Fever

Please seek medical advice. Children can return to school 24hrs after starting a course of antibiotics.

## Slapped Cheek

Children can go to school once the rash has developed. Parent/Carer should administer paracetamol and plenty of fluids to drink.

*Please inform school as soon as possible, as members of staff may be affected.*

## Chickenpox/Measles/German Measles

**Chicken Pox** - Children should return to school once lesions are dry and healed around 5 days after the rash started.

**Measles/German Measles** - Children should return to school 4 days after onset of the rash.

*Please inform school as soon as possible, as members of staff may be affected.*

## Mumps

Children should return to school around 5 days after the onset of swollen glands.

## Ringworm/Threadworm

Please seek medical advice. Children can go to school once treatment has started.

*The whole family should be treated to prevent further spreading.*

## Scabies

Please seek medical advice. Children can go to school after the first treatment.

*The whole family should be treated to prevent further spreading.*

## Hand, foot and mouth

Children can go to school. Parent/Carer should administer paracetamol and plenty of fluids to drink.

## Head Lice

Children must be treated before going to school. Treatment for the condition is needed to prevent further spreading. Parent/Carer should treat their children and other family members by wet combing and using head lice shampoo.

## Toothache

Children can go to school with toothache. Please book your child a dentist appointment out of school time. Parent/Carer should administer paracetamol if needed.

## What else do I need to know?

### Medicines in school

Children **should** come into school even if they are taking medicines. Medicine that is 4x a day can be administered to your child in school if prescribed by a GP. Please ensure that the medicine is labelled and taken to the school office.

### Further advice

Please use your local pharmacy for help and advice. NHS on 111 if you need medical help fast or NHS 111 online <https://www.nhs.uk> for further information.

